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
This apprehension of facts as related is essential and necessarily precedent to the discovery of principles which govern these relations. In this respect practical fruit is to result from the study of philosophy. Not simply philosophers, but even the students of philosophy, must get a more comprehensive grasp of facts and principles, as each is assigned its place in the whole system of knowledge. Truth is apprehended in its harmonies and wholeness. It is seen in its proportions.

If more attention were given to a careful study of philosophy as a system, rather than in its history, much of the conceit of knowledge which is so prevalent to-day would be unheard of. The specialist would soon discover that he was occupying a very small niche in the universe of knowledge; the broadest scholar that his horizon included but an infinitesimal portion of the sphere of truth.

### BRITISH STONE CIRCLES. — III. DERBYSHIRE CIRCLES.<sup>1</sup>

BY A. L. LEWIS, TREASURER ANTHROPOLOGICAL INSTITUTE, LONDON, ENGLAND.

THE Peak district of Derbyshire, so justly famed for its scenery, possesses also many attractions for the archaeologist, among which are two stone circles.

The larger of these, called Arbor Lowe or Arbe Lowe, is about six miles from Bakewell, and consists of an oval ring, the diameters of which were about 126 and 115 feet, the precise lengths being difficult to ascertain in consequence of the stones, which doubtless originally stood upright, being now all flat, and having fallen, some outside, some inside, and some across their original positions, while others are broken into fragments or buried in the soil. There were perhaps about forty stones, of which nearly thirty remain entire or in fragments, the largest being about twelve feet long, six broad, and four thick. The longest diameter of the oval ran nearly northwest and southeast, and somewhat more to the west and east, two of the stones seem to have stood back outside the regular line of the oval. Within the oval, and on the line of the longest diameter, but not in the centre of it (the distances from the northwest and southeast ends being in about the proportion of three to two), are the remains of some large stones — one fourteen feet long — which were apparently three in number, forming a "cove," , like that in the centre of the northern circle at Abury, the central stone of which faced the rising sun on Midsummer Day. Like the circles at Abury, the stones at Arbelowe are surrounded by a ditch, which is about seven feet deep and fifteen wide at the bottom, outside of which is an embankment, formerly perhaps ten feet high and eight wide at the top; Sir G. Wilkinson says somewhat more, but it may be that he took the maximum and I took the minimum of the measure. This embankment is now very irregular, and in one place a tumulus has been formed from the materials composing it, in which were found two Celtic vases and a bronze pin. This tumulus could hardly have formed part of the original plan of the monument, and would therefore seem to have been made after the latter had fallen into disuse. The embankment, like that at Abury, is not a true circle, and there is much similarity in the irregularities of both, but that may be quite accidental. There are two entrances, one southeasterly, in the same direction as the Kennet entrance at Abury, and one to the northwest, but not quite opposite to the other; altogether Abury and Arbelowe, notwithstanding the great difference between them in size, have more points in common than any other circle has with either. Just outside the southeast entrance are two small stones, quite as likely to have been taken from the interior as to be in their original places. Nearly three hundred yards to the southwest is a tumulus, called Gib Hill, about twenty feet high and as wide at the top, in which a small cist was found, two feet under the surface, which contained a vase, two worked flints, and an iron fibula with places for stones — probably a secondary interment. A bank of earth of doubtful antiquity runs from the embankment for some distance in a direction south of Gib Hill. These various

earthworks have been supposed to give the form of a serpent to the monument, but Sir Gardner Wilkinson's plan shows this idea to be quite incorrect; this is a point for the visitor to verify.

On the moors at the top of the hills above Eyam is a small circle of a different character from Arbelowe; it is called the "Wet Withins," and consists of a bank of earth, about six feet wide and two high, inside which, but close to the bank, was formerly a ring of small stones about two feet high and of proportionate size, of which ten remain, out of perhaps twenty or more. The diameter of this circle is about one hundred feet, and some sixty feet to the north-northeast there is a barrow, eighty-three feet long (from northeast to southwest) and forty-six feet wide.

There are some other small remains of a similar character in Derbyshire, but I have not seen them myself, and doubt whether they are worth the trouble of a visit.

### CHARAKA SAMHITA.

BY F. A. HASSLER, M.D., PH.D., SANTA ANA, CAL.

THE student of Hindu literature has before him an ever-widening field of research. He must be prepared for glimpses and magnificent views of learning and wisdom which will astonish and delight him at every turn. The thoughts and the method of expression are different from those of other nations, and there is scarcely a subject, except, perhaps, electricity and steam, that has not been discussed by these ancient sages. The philosopher will find his theories, the anarchist his ideas, probed to the bottom, and the student of the supreme soul, high, noble thoughts, and even from this grand subject down to the every-day question of mistress and maid, we do not think of any matter that will not be found fully investigated in the pages of the Mahabharata.

So the physician of our day will find in the Charaka and other works of ancient India many views of health, disease, and remedies which he fondly imagined were jewels in the crown of modern science. When a young man wishes to study medicine, he may receive a little instruction from his preceptor, but places his chief reliance upon the teachings of some medical school from which he receives his diploma. This was not the custom in ancient India. There were no colleges. Every student became a part of his preceptor's household, was lodged and fed by him, and beyond a few light services was not asked for any return. It is plain that such teachers could not instruct all their scholars by word of mouth. This accounts for the immense number of medical works of ancient India.

We cannot tell the age of the Charaka, it is based upon a work of Agniveka, which carries us back to almost mythical times. The very name of this supposed author sounds like the mystery of long past ages, for it may be translated "the dwelling-place of fire." Ten years of study of the Mahabharata has led me to quite certain conclusions as to the time when that great work was written, and I should say that the style, of the first part at least, of the Charaka corresponds with that portion of the Mahabharata which I think was written about the sixth century before Christ, or, in other words, about the time of the rise of Buddhism. Whatever its age may be, this we know, it is exceedingly ancient. It is mentioned by Avicenna, Rhazes, and others, and is supposed to have been translated by the early Persian and Arabian writers on medicine. But we forget its age when we read its pages. The work is immense. An English translation, now being published by Doctor Kiviratna, the learned editor of several Sanscrit works and of a medical journal in Bengali, will probably cover from fourteen to fifteen hundred royal octavo pages. But it is not its size to which I wish to call attention, it is the wisdom and learning found in it that make it so valuable and interesting.

In a short article like this I cannot expect to do more than give the reader a glimpse of the work and a quotation here and there. We are told that in the earliest times some fifty-odd learned men assembled to study the science of life and the causes of disease; in fact, it was a medical convention similar to those of our day. The first conclusion they arrived at was that — "Freedom from disease is the excellent root of religion, profit, pleasure, and salvation. Diseases are depredators thereof, as also of happy life. This, therefore, is a great enemy of men that hath appeared.

<sup>1</sup> No. 1, Abury, appeared in No. 529, March 24; No. 2, Stonehenge, appeared in No. 537, May 19. To those who may wish for more minute details of measurements than can be given in a short article, I would recommend "Stonehenge," by Professor Flinders Petrie, D.C.L. (Stanford, London).